

RIDE GUIDE FEATURES BIKE PARKS BC ON OLN AND RUSH HD

Ride Guide's ultimate road trip through bike parks in BC, will be featured on an upcoming "Ride Guide" episode on OLN on Sunday, May 31, 2009 at 12:30 pm Eastern (9:30 am Pacific).

The "Ride Guide" Bike Parks BC Episode, will also premiere on Rush HD (Canada only), also on Sunday, May 31, 2009 at 8:30 pm Eastern (5:30 pm Pacific) and again at 11:30 pm Eastern (8:30 pm Pacific), with a repeat on Saturday, June 6 at 9:00 pm Eastern (6:00 pm Pacific).

Ride Guide is broadcast on Rush HD under the title; "Descent". Rush HD is Canada's high-octane, no fear, no-limits extreme sports HD Channel, and is distributed throughout Canada on the Rogers and Bell ExpressVu systems.

Ride Guide is a mountain travel TV series, where the hosts and guest pros, share their travels of skiing, snowboarding and mountain biking from locations throughout the world.

Ride Guide is available throughout Canada on OLN, Rush HD, Men TV, Shaw Video On Demand, and Rogers On Demand. Ride Guide can be seen exclusively in the USA on The Ski Channel. Check out all Ride Guide broadcast schedules at www.rideguide.ca.